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Belbin Team Roles

A Team Project to Improve Relationships, Engagement and Performance.

Leading effective and productive teams in today's changing world is challenging. Working in different locations, it can be hard to connect with each person on the team, hard to manage performance and delivery.

At <u>beproductive.ie</u> our mission is to help people be productive by working smart with less stress and more balance. We help team leaders motivate their teams to perform.

Working with Moira Dunne, Productivity expert and Belbin accredited consultant, you can gain a real understanding of your team's dynamics using the Belbin Team Roles model.

The Belbin Team Roles Model ®

Meredith Belbin studied many different teams to identify the key roles that contribute to their success. Within his Team Roles model, each role has behavioural strengths and allowable weaknesses. No one role is 'better' than the other. This helps people appreciate each other's skills and embrace their differences.

By learning about their own preferred team role, each person can optimise their performance and their contribution to the team.



Project Objectives

This project helps team leaders understand the individuals within their team so they can improve communications, engagement and performance. This is invaluable for any team but particularly those working remotely or in a hybrid model.

The outcomes for this project include:

- Feedback for each team member on their contribution within the team.
- An understanding of different work styles and preferences within a team
- An opportunity to identify how to improve team interaction and communication

Project Approach

We start each project by understanding your objectives, your requirements and your company culture. The training is then customised to meet your needs.

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Each team member completes an online Belbin questionnaire so they can receive their own individual Belbin report in advance of the Team Workshop.



Team Workshop

The team workshop takes place over 0.5-day, either online or in house. The Belbin model is fully explained at the session and individual reports can be discussed. An overall Team report can also be provided, which facilitates valuable team insights about group interactions and ways of working together. Here is a list of topics for the workshop:

- The benefit of using Belbin within the team
- Understanding the characteristics of the Belbin Team Roles:
- Individual feedback on preferred Team Role
- Time for individual Reflection and Planning
- Ideas to Optimise Team Communications
- Team Action Planning

Presenter

This workshop is delivered by Moira Dunne, the co-founder of beproductive.ie. Moira is an accredited Belbin consultant.

Here is a link to her bio: https://beproductive.ie/about/

Resources

Each person will receive an individual Belbin Team Roles report with feedback and suggestions for improvement. An overall Team report of the combined Team Roles can also be issued.



We share a range of resources to help teams implement their learning from the workshop. This includes Team Planning & Productivity templates, blogs and tips cards.

Project Fee

The fee for this specialised project is dependent on the number of people involved and current price of the official Belbin Team Roles reports supplied by Belbin Ireland.

Booking

To discuss further or make booking you can contact Moira by email at moiradunne@beproductive.ie