# beproductive.ie

## **Protect Time with Productive Meetings**

Most people spend a lot of time in meetings each day. While meetings are an essential part of many roles, but when they are unproductive value time gets wasted and people get frustrated.

In this session we present tips on how to run productive meetings with a clear objective, key outcomes and engagement from all attendees.

### **Topics**

The following topics are covered:

- 1. Why people do not engage in meetings
- 2. The importance of a clear objective and outcomes
- 3. How to keep control of the meetings you run
- 4. How to get the most out of the meetings you attend

#### **Duration and Format**

This talk can be delivered in-person or remotely using your preferred collaboration tool. The session lasts 60 minutes.

The interactive format includes:

- Introductions and requirements
- Presentation of Productive Meetings tips via SlideShare
- Q and A at the end to answer specific questions

Participants will receive access to the Productive Meetings template demonstrated during the session.



#### **Presenter**



This talk is delivered by Productivity & Wellbeing Consultant Moira Dunne, the co-founder of <a href="beproductive.ie">beproductive.ie</a>

You can read about her 30-year corporate career here: <a href="https://beproductive.ie/about/">https://beproductive.ie/about/</a>

#### Fee

Online delivery - €350, option to record - €50 In-person delivery - €400 No VAT applicable